

# ICD-10 Diabetes Mellitus Clinical Documentation

In the following list, concepts that are included in ICD-10, but not in ICD-9, are in white. These are examples of the detail supported by ICD-10 codes.

**Type of diabetes:** type 1 diabetes, type 2 diabetes, underlying condition, drug or chemical induced, pre-existing, gestational, neonatal

**Diabetes in pregnancy:** first trimester, second trimester, third trimester, childbirth, puerperium

**Neurological complications:** neurological complication, neuropathy, mononeuropathy, polyneuropathy, autonomic (poly) neuropathy, amyotrophy, coma

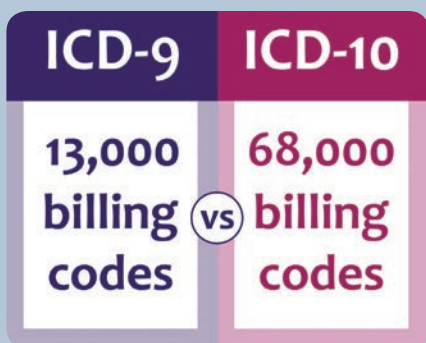
**Lab findings:** ketoacidosis, hyperosmolarity, hypoglycemia, hyperglycemia (no longer controlled or uncontrolled)

**Skin complication:** dermatitis, foot ulcer, skin complications, skin ulcer

**Joint complications:** neuropathic arthropathy, arthropathy

**Oral complications:** oral complications, periodontal disease

The number of diagnosis codes for diabetes jumps from 69 in ICD-9 to 239 in ICD-10. With an understanding of the clinical concepts driving the increased number of codes for diabetes and other diagnoses, you can fine tune your processes to ensure that you have all the documentation needed for ICD-10 coding.



## Bradley Wellness Center Under Expansion

Bradley Wellness Center is currently undergoing a \$5 million expansion. The two-story project will consist of 11,700 square feet of new construction on the east side of Bradley Wellness Center and 11,000 square feet of renovated space.

The main upgrades on the first floor will include a new main lobby area, a dedicated space for Life Fit (high-intensity functional training), a biomechanics and sport enhancement area with motion capture technology, space for group personal training sessions, space for physical therapy (specifically spine therapy), and two massage rooms with the ability to offer couples massages. On the second floor, upgrades will include a spin room, a renovated Cardiac Rehabilitation suite, and a yoga-specific room with the ability to offer hot yoga.

## It's That Time of Year Again....



So many people strive to keep their New Year's resolutions to lose weight and live healthier. However, most that begin those fad diets have little success maintaining their enthusiasm and attaining lasting results. Hamilton Diabetes and Nutrition Center is a helpful resource for you and your patients, offering a variety healthy weight loss options:

- Surgical Weight Loss: Lap Band and Gastric Sleeve through Chattanooga Bariatrics
- Supplemental Weight Loss with Optifast: a 9-week medically supervised weight loss program
- Non-supplemental weight loss with Hamilton Healthier You: a 6-week education program
- Diabetes Nutrition Class: covered by insurance for patients with a qualifying diagnosis of diabetes
- Nutrition Consult: set a meal plan and consult with a certified dietitian (an affordable option for cash pay patients)

Hamilton Diabetes and Nutrition Center provides personal attention, taking into consideration patients' personal and medical circumstances in order to attain lasting weight reduction and improved health and wellness. Please contact Hamilton Diabetes and Nutrition Center at 706.272.6079 with any questions.